

# HARBOR of HOPE

A newsletter of Union Gospel Mission of Grays Harbor FALL 2023







Our Thanksgiving Campaign has begun! **3** "A Personal Relationship with God"



### **Anticipating This New Season with Thanksgiving**



### A Message from CHARLEY CAPOEMAN

It's hard to believe we're here again: over halfway through another year. Here at Union Gospel Mission of Grays Harbor, preparations for our busy fall season are already underway.

Outside, the weather is starting to cool. But inside our doors, it's still warm and inviting as we get ready for the many men, women and children who will come to us during the months leading up to Thanksgiving. It's one of my favorite times of the year, and it's possible thanks to the generosity of friends like you.

As I think about this time of the year, I'm reminded of the words of Ecclesiastes 3:1: "There is a time for everything, and a season for every activity under the heavens."

Each time someone comes to the Mission for help, their season changes. They leave a time of pain and struggle that

they may not have anticipated and certainly didn't desire – and they **choose** a season of support and recovery. **I truly** believe this is God's hand at work through your partnership in this life-giving ministry.

Now, as we prepare to serve an estimated 13,257 meals in the coming months, I ask you to pray for every struggling man and woman who finds a seat at our tables. Pray that if the time is right for a new season in their life, God will make it known and see it through.

Thank you. I'm thankful for you now, and always.

Charley Capoeman

Charley Capoeman Executive Director

## YOU'RE MAKING GOALS AND DREAMS POSSIBLE...



"At one time, I was going down the wrong path. I'm now exactly where I need to be, thanks to the Mission."

"I am thankful to the Mission for being here. I couldn't imagine where I'd be without them. Now I'm looking forward to seeing the next day."



At the Mission, hopes and dreams are born – because thanks to the support of friends like you, men and women in our recovery program can believe that a brighter future is possible.

To find out more about how you're helping transform lives and fulfill dreams, visit

#### ugmgraysharbor.org.

Thank you for believing that everyone deserves the opportunity to build a better, more fulfilling life!



This Thanksgiving, countless guests will gather at our tables. Many are alone... longing to overcome homelessness and poverty... wishing they could reunite with their families for the holidays.

**For just \$2.35, YOU can provide a meal** to nourish their bodies and lift their spirits. Your gift surrounds hurting people with loving care that leads to a better life through:









Safe, welcoming shelter

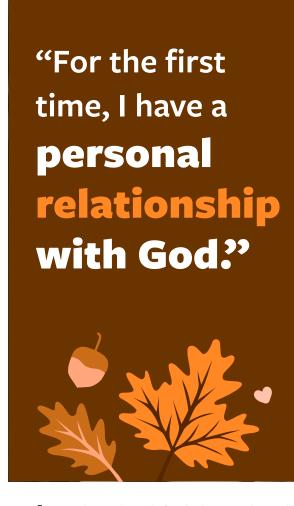
Warm clothing, coats & shoes

Classes & case management

God's lifechanging love

Please help our neighbors in need this holiday season! Send your 2023 Thanksgiving Campaign gift today using the enclosed reply card and envelope OR online at ugmgraysharbor.org.







Jamie has a knack for helping others, but a series of traumatic events sent him spiraling. His marriage ended... his children became estranged... his mom passed away during the holidays. He was left heartbroken, alone and afraid.

Living with Multiple Sclerosis (MS) and ADHD, Jamie suffers from physical and mental exhaustion – sometimes to the point that he can scarcely move. In that particular time of crisis, he felt vulnerable and lost. He'd been holding onto his sobriety for years, but with his physical challenges, he couldn't find work and wound up homeless.

"I grew up in the area, so I knew about the Mission," he says, looking back. "It's hard for me to ask for help, though." After a month of trying to make it on the streets, he finally decided to reach out to us.

At first, Jamie was a guest at the Mission, but he soon committed himself to our New Foundation Program. "I'm so thankful for the good food, a safe place to be and the people who care. They actually check on me to make sure I'm OK!"

Through our prayer ministry, Jamie strengthened his bond with the Lord. In Biblical Counseling

Foundation classes, he rediscovered his passion for helping others by learning to witness to and counsel men like him. "I had a loose foundation from church as a kid, but now I'm serious about learning all I can about the Bible."

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I wasn't looking at myself in a positive way, and I wanted to change that.

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He's made a lot of friends and enjoys helping out around the Mission. "I love the physical work I do here, too," he beams. "I take care of the laundry, and the staff has helped me develop a pace that works with my MS fatigue."

Jamie is filled with thanksgiving for God's redeeming love in his life – and your incredible generosity and support! "Being at the Mission opened my eyes and motivated me, and I'm so grateful for that."



### "Your word is a lamp for my feet, a light on my path." - Psalm 119:105



Attending Bible Study at the Mission can be a major turning point in the life of someone who has lost all hope. After struggling with homelessness, addiction, abuse or other heartbreak, many find it difficult to trust God. **Bible Study helps build faith!** 

Through regular prayer, worship, the teaching of the Word and fellowship, men and women feel inspired to make positive changes in their lives... and many even experience God's love for the first time!

Bible Study becomes a refuge for our guests, where they can seek God in prayer, study His Word and discover the good plans He has for their future.



Are you or your church interested in donating Bibles for our guests and those who access other services?

Contact (360) 533-1064 to find out more info.

"For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline." - 2 Timothy 1:7